



# Gut Feelings



**Gut Feelings** is a community art project that is free and open to anyone who likes to knit, crochet, sew, weave, stitch or knot. No matter what your skills level, this project will allow you to have fun and connect with the community while exploring the gut-brain connection and gut microbiome.

Your Gut Feelings artists Pat Pillai, Rita Pearce and Mary Hayman invite you to create your own wool and textile microbes, gut cells and intestinal villi using scientifically informed patterns crochet, knit and no-knit versions. Donations of materials and skills are also being sought.

**Knitting + Science + Fun!**

## A Community Art Project

### WHEN

Wednesday  
23 April, 2025  
10.00am - 12.30pm

### WHERE

ANSTO Discovery Centre  
Lucas Heights, NSW

### COST

Free

### REGISTRATION

