

# Staying COVID Safe at ANSTO's Lucas Heights Campus

**ANSTO has an obligation to ensure, so far as is reasonably practicable, the health and safety of all staff and visiting researchers in ANSTO's workplaces.**

Visitors that have or develop cold or flu-like symptoms, or have been diagnosed with COVID-19, have the responsibility to follow ANSTO's COVID Safe measures to protect themselves and others.

## Home institution's responsibilities

### All Visitors

Expenses incurred as a result of current or changes to Federal and State government COVID related health orders, are to be borne by the user and/or their home institution. This may include and is not limited to, accommodation expenses for quarantine and self-isolation; COVID testing expenses and meal expenses. ANSTO will not reimburse for these expenses incurred.

If you are an AINSE PGRA scholar please liaise with AINSE directly regarding travel arrangements.

### International Visitors

International users must have travel insurance that includes provision for COVID-19 related illness and impact.

## Protect yourself and others

Practising good personal hand and respiratory hygiene is the best defence against most viruses. Encourage everybody to:

- Practice social distancing (e.g. stay more than 1.5 metres from people where possible);
- Consider wearing a mask if social distancing can't be maintained
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitiser;
- Avoid touching your eyes, nose, and mouth with unwashed hands;
- Avoid close contact with people who are sick; and
- Cover your cough or sneeze with a tissue or sleeve, then throw the tissue in the trash.

## Feeling unwell or developing symptoms

If you begin to feel unwell and/or develop cold, flu-like symptoms, even if very mild, you must:

- Not come onto an ANSTO site
- Get tested for COVID-19 at a PCR testing facility
- Seek medical advice by visiting a COVID-19 testing clinic; seeking medical help from a doctor or hospital; calling the Coronavirus Health Information Line on 1800 020 080
- Notify the User Office, motel management and your home institution

## What happens after I get tested?

You must stay at your home or accommodation and self-isolate until you get your test result and are well, even if you are fully vaccinated. You should not leave accommodation unless you are seeking medical care or in an emergency.

Notify the User Office NSW, motel management and your home institution the outcome of your test. The User Office will input the outcome of your test in the ANSTO COVID-19 Online Reporting Tool.

## What happens if I test positive?

Confirm positive test result with ANSTO as soon as possible via [covid19assistance@ansto.gov.au](mailto:covid19assistance@ansto.gov.au) or to the User Office who will input the outcome of your test ANSTO COVID-19 Online Reporting Tool

You will also be required to:

- Follow the advice of the NSW Health Department
- Self-isolate until medically cleared even if you are fully vaccinated.
- Provide medical clearance notice certificate before returning to ANSTO to complete your scheduled experiment

## Rescheduling beamtime

ANSTO is only responsible for rescheduling beam time in the event that the cause of cancellation is related to ANSTO operations e.g. unplanned shutdown and not because of personal impact of COVID related health orders on the international user.

## Contact Information

1800 020 080 for health questions or to check symptoms  
13 77 88 for non- health related questions  
1800 512 348 for mental wellbeing support