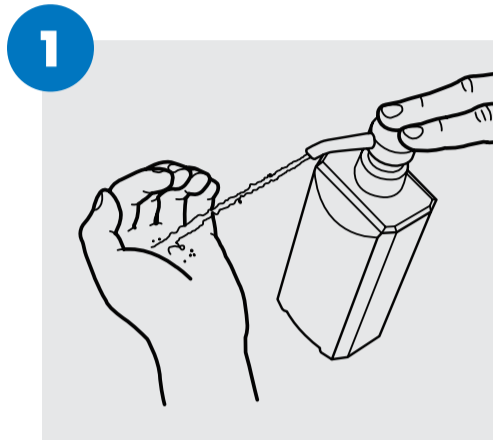


Thorough hand washing matters!

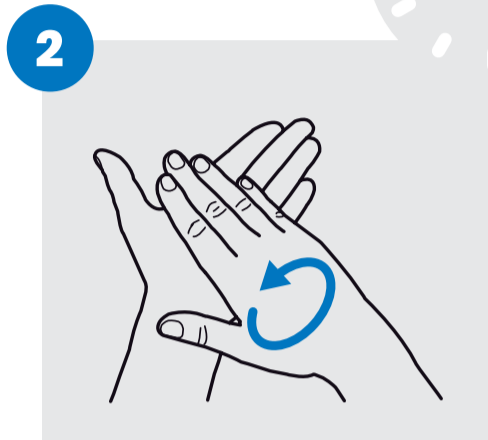
20-30 seconds



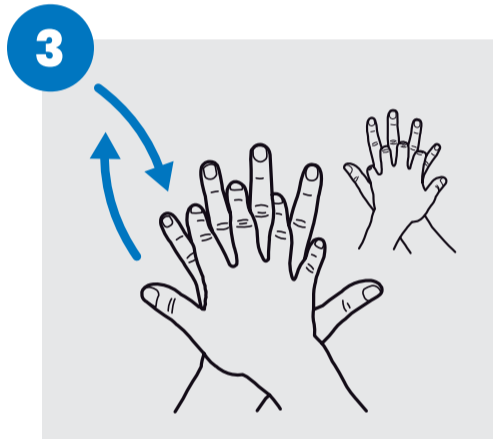
Handwashing is one of the **most effective ways** to prevent the spread of infections.



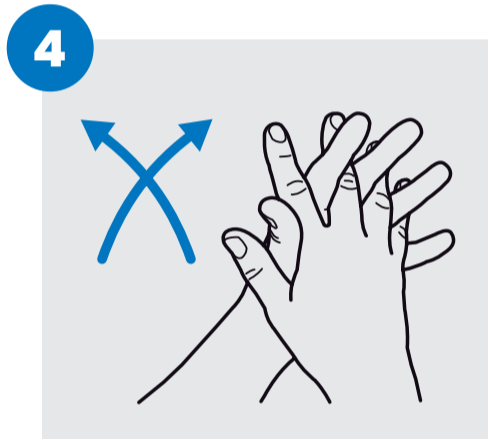
1 Apply a palmful of the product in a cupped hand, covering all surfaces



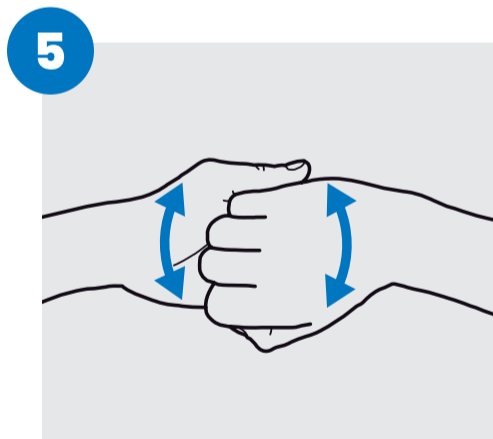
2 Rub hands palm to palm



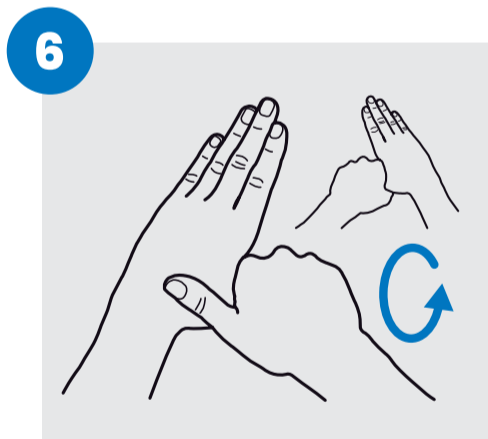
3 Right palm over left with interlaced fingers and vice versa



4 Palm to palm with fingers interlaced



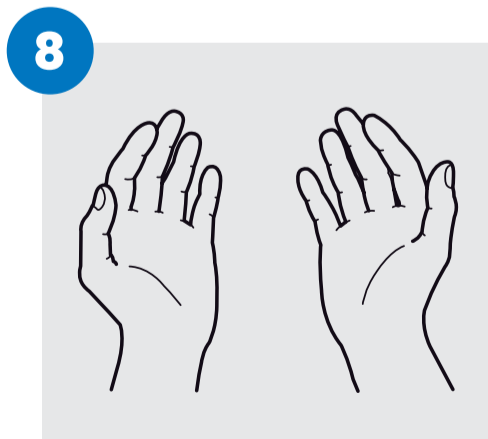
5 Backs of fingers to opposing palms with fingers interlocked



6 Rotational rubbing of left thumb clasped in right palm and vice versa



7 Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



8 Once dry, your hands are safe.

Content adapted from a World Health Organization resource.